

# Separation Anxiety in Children - Origins and Management: Helping the child, family and school

[2 May 2016]



The Anxiety Disorders Association of Victoria, Inc presents a professional development workshop for teachers and practitioners working with children with Ruth Rosalion, Clinical Psychologist working in Private Practice

## Overview

This workshop will describe and explain the origins and “red flag” symptoms of Separation Anxiety Disorder, with reference to formal DSM-5 criteria. Psychological assessment measures and methods will be discussed, including child-friendly play and game oriented materials. Details will be provided of a comprehensive, evidence-based cognitive behavioural treatment program, and will include a workshop outline, references and resources. [Read more](#)

## Target audience

The session will be suitable for professionals working with children in a variety of settings, and will address the needs of teachers tackling school refusal. Parents grappling with the strain and distress of trying to help their child suffering from Separation Anxiety Disorder would also benefit from this workshop.

## About the presenter



Ruth has worked in adult and child mental and medical health settings in Australia and in the United States as well as holding a post as a school counsellor. Currently Ruth is in private practice in Heidelberg, working across the life span with children, adolescents, adults and families. Special interests include anxiety disorders and autism spectrum disorders.

Ruth is committed to ongoing professional development and also in developing the skills of trainee psychologists, having taught at three universities and supervised many postgraduate Masters and Doctoral students in their clinical work.

Ruth is a Member of the Australian Psychological Society, APS Clinical College and the APS Interest Group in Child, Adolescent and Family Psychology, and further holds membership of the Australian Psychologists and Counsellors in Schools Association (APACS). Ruth is registered with the National Psychology Board and holds registration for supervision of probationary psychologists. She is also a registered Medicare provider. Most of all, Ruth loves practicing as a clinician and working alongside people to help them make positive changes to their lives.

## Professional Development Program: [Separation Anxiety in Children](#)

### Half-day Interactive Workshop

**Please note:**

APS Members can accrue Continuing Professional Development (CPD) hours by participating in CPD activities that they determine to be relevant to their individual professional skills, learning plans and goals. These may be self-initiated. CPD activities do not need to be endorsed by the APS.

<b>Date:</b>	Monday 2nd May 2016 10.00am to 3.00pm (9.30am registration)
<b>Presenter</b>	Ruth Rosalion
<b>Venue:</b>	Knox City Council (Function Room 3) 511 Burwood Hwy Wantirna South, VIC 3152
<b>Additional Details:</b>	<ul style="list-style-type: none"><li>• Presentation handouts and Reference Materials</li><li>• Morning tea and lunch provided</li></ul>
<b>Cost:</b>	<ul style="list-style-type: none"><li>• Standard Fee \$225.00</li><li>• Early Bird Price (payment must be received by <b>1 March 2016</b>) \$200.00</li><li>• ADAVIC MEMBER \$200.00 (*ADAVIC does not charge GST)</li></ul>
<b>Bookings:</b>	<ul style="list-style-type: none"><li>• Limited to <b>25</b> professionals</li><li>• <b>Bookings close Friday 22 April 2016</b></li></ul>
<b>Bookings through ADAVIC via:</b>	<ul style="list-style-type: none"><li>• Our online store: <a href="#">click here</a></li><li>• Or for a registration form see bottom of document</li></ul>
<b>Enquiries through:</b>	Phone: (03) 9853-8089 Email: <a href="mailto:adavic@adavic.org.au">adavic@adavic.org.au</a>

**Proceeds from this event help to maintain ADAVIC services**

*ADAVIC is a not-for-profit organisation providing community-based support, information and resources for anxiety and depression*



### Payment Registration Form

I would like to register for:

**Professional Development Workshop: Separation Anxiety in Children** by Ruth Rosalion on Monday 2<sup>nd</sup> of May 2016.

YOUR NAME	
POSITION TITLE	
ORGANISATION	
EMAIL	
POSTAL ADDRESS	
CONTACT NUMBERS	1 <input type="text"/> 2 <input type="text"/>
HOW DID YOU HEAR ABOUT THIS EVENT?	
WOULD YOU LIKE TO RECEIVE OUR E-NEWSLETTER	<input type="checkbox"/> YES <input type="checkbox"/> NO
YOUR LEVEL OF KNOWLEDGE ON THIS TOPIC	<input type="checkbox"/> LOW <input type="checkbox"/> MEDIUM <input type="checkbox"/> HIGH
DIETARY RESTRICTIONS	<input type="checkbox"/> NIL <input type="checkbox"/> VEGETARIAN <input type="checkbox"/> GLUTEN FREE <input type="checkbox"/> OTHER (specify)
PAYMENT AMOUNT (please tick)	<input type="checkbox"/> \$225.00 - Standard Price <input type="checkbox"/> \$200.00 - <b>Early Bird Price (must be paid by 1 March 2016)</b> <input type="checkbox"/> \$200.00 - ADAVIC Members  <b>PLEASE NOTE: A 25% administration fee applies for refunds requested before 22 April 2016. No refunds or credits will be issued after this date.</b>

**PLEASE FIND ENCLOSED MY:**

Cheque / Money Order (Made out to *Anxiety Disorders Association of Victoria*)

Credit Card details:

Name on Card: .....

Credit Card Type:  Visa  MasterCard

Credit Card No:

CVV Number: \_\_\_ \_\_\_ \_\_\_ (last three digits on back of card)

Expiry Date: \_\_\_ / \_\_\_ Signature.....

<b>RETURN TO:</b> Please return this Payment Form via email to <a href="mailto:adavic@adavic.org.au">adavic@adavic.org.au</a> Or post to <b>ADAVIC</b> , PO Box 625, Kew, VIC 3101.	<b>OFFICE USE ONLY</b> <b>Processed by:</b> <b>Date:</b>
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